



Chinquapin Rixse Memorial Pool

November Mondays

This chart is meant as a guide to lane availability. Please note that lane availability is subject to change.

closed		Scheduled Programs (lanes unavailable)				Lap swim/ Water walking			Family Swim			
	Ramp	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Diving Well		
6:00 AM						Potomac Marlins					6:00 AM	
6:30 AM											6:30 AM	
7:00 AM											7:00 AM	
7:30 AM											7:30 AM	
8:00 AM											8:00 AM	
8:30 AM											8:30 AM	
9:00 AM		Aqua Aerobics					Water Aerobics				9:00 AM	
9:30 AM						9:30 AM						
10:00 AM	We Aquatics									Deep Water Aerobics	10:00 AM	
10:30 AM											10:30 AM	
11:00 AM											11:00 AM	
11:30 AM		Hi/Low Water Areboics									11:30 AM	
12:00 PM									12:00 PM			
12:30 PM											12:30 PM	
1:00 PM											1:00 PM	
1:30 PM											1:30 PM	
2:00 PM			We Aquatics			SSSAS Swim Team (starts 11/14)					2:00 PM	
2:30 PM											2:30 PM	
3:00 PM	Alex LTS	Alex LTS	We Aquatics								3:00 PM	
3:30 PM										3:30 PM		
4:00 PM						ACHS Swim Team				CHS Dive Tea	4:00 PM	
4:30 PM											4:30 PM	
5:00 PM			Aqua Zumba			Potomac Marlins			Get In Deep With Candice	5:00 PM		
5:30 PM												5:30 PM
6:00 PM												6:00 PM
6:30 PM												6:30 PM
7:00 PM									7:00 PM			
7:30 PM										7:30 PM		
8:00 PM										8:00 PM		
8:30 PM											8:30 PM	
9:00 PM											9:00 PM	
	Ramp	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Diving Well		



Chinquapin Rixse Memorial Pool

November Tuesdays

This chart is meant as a guide to lane availability. Please note that lane availability is subject to change.

closed		Scheduled Programs (lanes unavailable)				Lap swim/ Water walking			Family Swim		
	Ramp	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Diving Well	
6:00 AM											6:00 AM
6:30 AM											6:30 AM
7:00 AM											7:00 AM
7:30 AM											7:30 AM
8:00 AM							Aquatic Exercise for Seniors				8:00 AM
8:30 AM											8:30 AM
9:00 AM		ACPS SPLASH								9:00 AM	
9:30 AM						9:30 AM					
10:00 AM	We Aquatics	ACPS SPLASH								10:00 AM	
10:30 AM									10:30 AM		
11:00 AM		Water Walking							11:00 AM		
11:30 AM									11:30 AM		
12:00 PM										12:00 PM	
12:30 PM										12:30 PM	
1:00 PM										1:00 PM	
1:30 PM										1:30 PM	
2:00 PM										2:00 PM	
2:30 PM									2:30 PM		
3:00 PM	Alex LTS	Alex LTS	We Aquatics		SSSAS Swim Team (starts 11/15)					3:00 PM	
3:30 PM										3:30 PM	
4:00 PM				ACHS Swim Team					ACHS Dive T.	4:00 PM	
4:30 PM										4:30 PM	
5:00 PM					Potomac Marlins					5:00 PM	
5:30 PM										5:30 PM	
6:00 PM										6:00 PM	
6:30 PM										6:30 PM	
7:00 PM											7:00 PM
7:30 PM										7:30 PM	
8:00 PM											8:00 PM
8:30 PM											8:30 PM
9:00 PM											9:00 PM
	Ramp	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Diving Well	



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November Wednesdays

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closed		Scheduled Programs (lanes unavailable)				Lap swim/ Water walking			Family Swim	
	Ramp	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Diving Well
6:00 AM						Potomac Marlins				6:00 AM
6:30 AM										6:30 AM
7:00 AM										7:00 AM
7:30 AM										7:30 AM
8:00 AM										8:00 AM
8:30 AM										8:30 AM
9:00 AM		ACPS SPLASH						Aqua Areobics		9:00 AM
9:30 AM										9:30 AM
10:00 AM	We Aquatics									Deep Water Aqua
10:30 AM										10:30 AM
11:00 AM										11:00 AM
11:30 AM										11:30 AM
12:00 PM										12:00 PM
12:30 PM										12:30 PM
1:00 PM										1:00 PM
1:30 PM										1:30 PM
2:00 PM										2:00 PM
2:30 PM										2:30 PM
3:00 PM	Alex LTS					SSSAS Swim Team (Starts 11/16)				3:00 PM
3:30 PM										3:30 PM
4:00 PM						ACHS Swim T.				4:00 PM
4:30 PM										4:30 PM
5:00 PM	ALEX LTS					ACHS Dive				5:00 PM
5:30 PM										5:30 PM
6:00 PM						Potomac Marlins				6:00 PM
6:30 PM										6:30 PM
7:00 PM										Deep Water Aqua
7:30 PM										7:30 PM
8:00 PM										8:00 PM
8:30 PM										8:30 PM
9:00 PM										9:00 PM
	Ramp	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Diving Well



Chinquapin Rixse Memorial Pool

November Thursdays

This chart is meant as a guide to lane availability. Please note that lane availability is subject to change.

closed		Scheduled Programs (lanes unavailable)				Lap swim/ Water walking			Family Swim				
	Ramp	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Diving Well			
6:00 AM											6:00 AM		
6:30 AM											6:30 AM		
7:00 AM											7:00 AM		
7:30 AM											7:30 AM		
8:00 AM							Aquatic Exercise for Seniors				8:00 AM		
8:30 AM											8:30 AM		
9:00 AM		ACPS SPLASH									9:00 AM		
9:30 AM											9:30 AM		
10:00 AM	We Aquatics									10:00 AM			
10:30 AM										10:30 AM			
11:00 AM		Water Walking								11:00 AM			
11:30 AM										11:30 AM			
12:00 PM										12:00 PM			
12:30 PM										12:30 PM			
1:00 PM										1:00 PM			
1:30 PM										1:30 PM			
2:00 PM			WE Aquatics							2:00 PM			
2:30 PM					SSSAS Swim Team (starts 11/17)					2:30 PM			
3:00 PM	Alex LTS	ALEX LTS										3:00 PM	
3:30 PM									3:30 PM				
4:00 PM				ACHS Swim & Dive T.							4:00 PM		
4:30 PM											4:30 PM		
5:00 PM						Potomac Marlins				5:00 PM			
5:30 PM											5:30 PM		
6:00 PM		Hi/Lo Water Aerobics											6:00 PM
6:30 PM													
7:00 PM										7:00 PM			
7:30 PM										7:30 PM			
8:00 PM											8:00 PM		
8:30 PM													8:30 PM
9:00 PM											9:00 PM		
	Ramp	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Diving Well			



Chinquapin Rixse Memorial Pool

November Fridays

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closed		Scheduled Programs (lanes unavailable)				Lap swim/ Water walking			Family Swim	
	Ramp	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Diving Well
6:00 AM						Potomac Marlins				6:00 AM
6:30 AM										6:30 AM
7:00 AM										7:00 AM
7:30 AM										7:30 AM
8:00 AM										8:00 AM
8:30 AM										8:30 AM
9:00 AM		ACPS SPLASH								9:00 AM
9:30 AM										9:30 AM
10:00 AM										10:00 AM
10:30 AM										10:30 AM
11:00 AM	We Aquatics									11:00 AM
11:30 AM										11:30 AM
12:00 PM										12:00 PM
12:30 PM										12:30 PM
1:00 PM										1:00 PM
1:30 PM	Family Swim									1:30 PM
2:00 PM			We Aquatics							2:00 PM
2:30 PM										2:30 PM
3:00 PM										3:00 PM
3:30 PM										3:30 PM
4:00 PM										4:00 PM
4:30 PM										4:30 PM
5:00 PM										5:00 PM
5:30 PM										5:30 PM
6:00 PM										6:00 PM
6:30 PM										6:30 PM
7:00 PM										7:00 PM
7:30 PM										7:30 PM
8:00 PM										8:00 PM
8:30 PM										8:30 PM
9:00 PM										9:00 PM
	Ramp	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Diving Well



Chinquapin Rixse Memorial Pool

November Saturdays

This chart is meant as a guide to lane availability. Please note that lane availability is subject to change.

closed		Scheduled Programs (lanes unavailable)				Lap swim/ Water walking			Family Swim					
	Ramp	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Diving Well				
6:00 AM											6:00 AM			
6:30 AM											6:30 AM			
7:00 AM											7:00 AM			
7:30 AM											7:30 AM			
8:00 AM									NOVA Synchro	NOVA Synchro Swim	8:00 AM			
8:30 AM											8:30 AM			
9:00 AM	Alex LTS	Alex LTS (9/24)									9:00 AM			
9:30 AM											9:30 AM			
10:00 AM									10:00 AM					
10:30 AM									10:30 AM					
11:00 AM		We Aquatics						Scuba (11/5 & 11/19)		11:00 AM				
11:30 AM										11:30 AM				
12:00 PM										12:00 PM				
12:30 PM										12:30 PM				
1:00 PM										1:00 PM				
1:30 PM														1:30 PM
2:00 PM														2:00 PM
2:30 PM	Family Swim										We Aquatics Swim Team			2:30 PM
3:00 PM							3:00 PM							
3:30 PM							3:30 PM							
4:00 PM								4:00 PM						
4:30 PM										4:30 PM				
5:00 PM										5:00 PM				
5:30 PM										5:30 PM				
6:00 PM											6:00 PM			
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7:00 PM											7:00 PM			
7:30 PM											7:30 PM			
8:00 PM											8:00 PM			
8:30 PM											8:30 PM			
9:00 PM											9:00 PM			
	Ramp	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Diving Well				



Chinquapin Rixse Memorial Pool

November Sundays

This chart is meant as a guide to lane availability. Please note that lane availability is subject to change.

closed		Scheduled Programs (lanes unavailable)				Lap swim/ Water walking			Family Swim							
	Ramp	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Diving Well						
6:00 AM											6:00 AM					
6:30 AM											6:30 AM					
7:00 AM											7:00 AM					
7:30 AM											7:30 AM					
8:00 AM											8:00 AM					
8:30 AM											8:30 AM					
9:00 AM	Alex LTS	Alex LTS					Aqua Zumba				9:00 AM					
9:30 AM									9:30 AM							
10:00 AM				Wahoos Clinic (11/6, 11/13)								10:00 AM				
10:30 AM				We Aquatics						Scuba (11/6 & 11/20)		10:30 AM				
11:00 AM																11:00 AM
11:30 AM																11:30 AM
12:00 PM									12:00 PM							
12:30 PM												12:30 PM				
1:00 PM						We Aquatics				1:00 PM						
1:30 PM									1:30 PM							
2:00 PM									2:00 PM							
2:30 PM	Family Swim					Parklawn Swim T.				2:30 PM						
3:00 PM										3:00 PM						
3:30 PM										3:30 PM						
4:00 PM										4:00 PM						
4:30 PM										4:30 PM						
5:00 PM										5:00 PM						
5:30 PM										5:30 PM						
6:00 PM											6:00 PM					
6:30 PM											6:30 PM					
7:00 PM											7:00 PM					
7:30 PM											7:30 PM					
8:00 PM											8:00 PM					
8:30 PM											8:30 PM					
9:00 PM											9:00 PM					
	Ramp	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Diving Well						